



WIFV NEWS

WIFV Gift Guide 2015

Films

Breaking Through The Clouds: The First Women's National Air Derby

By Heather A. Taylor



This is the inspiring true story of 20 women who raced across America in 1929. With just a compass and a road map to guide them, Amelia Earhart and 19 other brave pilots defied convention by taking to the skies and racing across the country for the first Women's National Air Derby. Facing cultural stereotypes, mechanical failures, threats of sabotage, navigational challenges, and endless

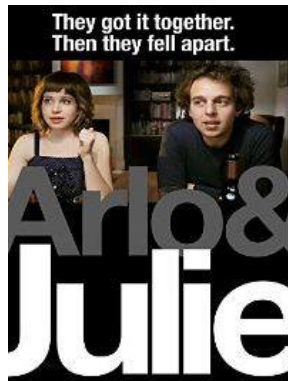
chicken dinners, the women became pioneering legends in aviation. Their story is inspiring to anyone who has the courage to follow their own dreams. Produced, directed, and written by WIFV member Heather A. Taylor, Archetypal Images, LLC.

[Available for purchase here.](#)

Arlo & Julie

By Richelle Fatheree

When pieces of a jigsaw puzzle arrive daily in the mail, a neurotic couple's curiosity devolves into an obsession that comically unravels their world, disconnecting them from reality and jeopardizing their fragile relationship. Starring: Alex Dobrenko, Ashley Spillers. [Get your copy here](#)



Of Dice and Men

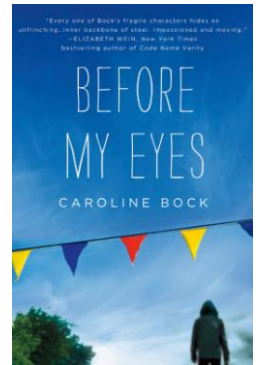
Books

Before My Eyes

By Caroline Bock

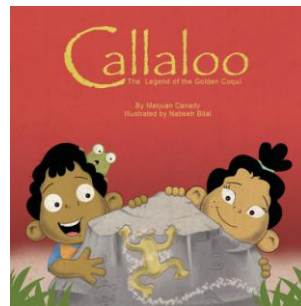
"Someone is falling in love...someone is popping pills...and someone is hearing a voice and has a gun. But no one wants to see what is happening right before their eyes." The new young adult novel from St. Martin's Press called, "GRIPPING" by *Publishers Weekly* and *Kirkus Review* and an "Unflinching thriller...thought-provoking" by *Bookpages*. Appropriate for ages 14 and above and adults of all ages. Go to

www.carolinebock.com



Callaloo and the The Legend of the Golden Coquí

By Marjuan Canady



My team and I are back again celebrating the folklore stories of the Caribbean Diaspora but this time we are journeying to Puerto Rico! This book is influenced by an Ancient Taino legend and contemporary Nuyorican culture. The book features the beautiful and dynamic illustrations from my fellow Callaloo creator, Nabeeh Bilal. It's not only a great

read but an excellent way for kids to enhance their literacy and cultural education skills. Pre-Orders go through December 18th. We have some great additional products and discounts when you pre-order at

www.callaloothebook.com.

Three Books by Sharon Burtner

By Kelley Slagle



For the gamer on your list! The dramedy feature film OF DICE AND MEN - the lives of six role playing gamer friends are thrown into upheaval when one of them enlists to go to Iraq. A geek movie without the self-loathing. **Visit our store** to get it now on DVD, Blu-ray or digital download!

Qigong Form DVD

By Shawn Cartwright

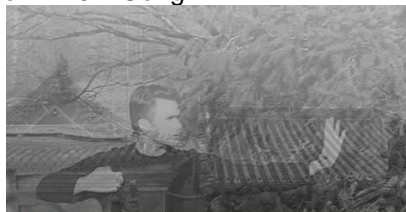
Eight complete Qigong practice sets to rejuvenate and transform your life. **Order it now on CD Baby or Amazon.**

1. Body Opening
2. Meridian Opening
3. Body Shaking
4. Energy Replenishing
5. Energy Refining and Projecting
6. Eight Pieces of Silk Brocade
7. Five Animal Frolics
8. Post Standing

The Five Animal Frolics form of medical Qigong was invented by Hua Tuo, one of the fathers of Chinese Medicine during the Han Dynasty. It features the Tiger, Deer, Monkey, Bear, and Crane animals which were later incorporated in to Chinese Kung Fu. Eight Pieces of Silk Brocade is attributed to the Taoist Immortal Lu Dong Bing and is the most commonly practiced Qigong in the world. Post Standing is considered one of the most important foundation exercises in Tai Ji (Tai Chi), Xing Yi (Hsing-I), Ba Gua (Pa Kua) and Yi Quan (I Chuan).

The Body Opening, Meridian Opening, and Shaking Sets are Taoist Yoga designed to enhance your overall health and well-being. The Energy Replenishing and Refining sets are meditation in movement. These practices will help energy healers, yogis, martial artists and meditation practitioners.

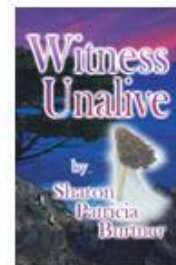
Featuring sublime Gu Zheng music from The Rising Moon by Ms. Bing Xia and the masterful photography of Mr. Jin Gong.



**EIGHT
COMPLETE
QIGONG SETS**



QIGONG FORM DVD



Afterimage is a collection of poems, partnered with photos.

Transforming Moments is an empowering journal packed with essays, suggested writing topics, and exercises.

Witness Unalive is a noir thriller.

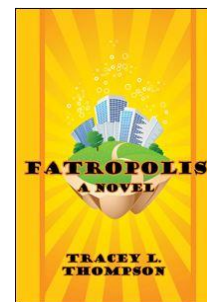
You can purchase these books here. For more information, go to www.sharonburtner.com.

Fatropolis

By Tracey Thompson

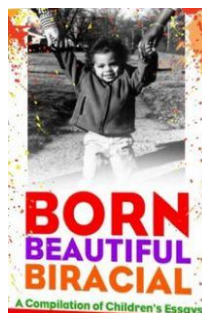
Most of her life Jenny has felt she's not good enough, not attractive enough, because she's fat. Then one day she stumbles through a portal between a world that values thinness and one that values roundness.

Sometimes falling can wake you up. **Order your copy here.**



Born Beautiful Biracial

By Tanya Hutchins



With a Foreword by Olympic Gold Medalist Dan O'Brien (Decathlon), *Born Beautiful Biracial* is a compilation of children's essays with advice for kids who are asked questions about their racial and ethnic backgrounds: "What are you? Are those your parents? Are you adopted?" Regardless of how we look, we live in a multicultural, multiracial world, a world where many consider Barack Obama the first black President of the

United States. Barack Obama is biracial. Maybe, one of the children who reads this book may even grow up to be President one day. Hopefully, by then, it won't be such a big deal, because everyone will accept each other unconditionally. **Order your copy here.**

WIFV Gifts



Be the most stylish sound recordist or videographer on your next shoot!

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LAST CALL FOR ANNIVERSARY ITEMS



Don't miss your chance to grab a limited edition item (or, two) from our anniversary shop. Get them before they're gone!

[Shop now >](#)

Poems

By Inger McPhail

"All that I have seen teaches me to trust God for all that I have not seen." This quote by Ralph Waldo Emerson speaks profoundly of the lives of three amazing female family members of the writer, Charvette. Using the name of paternal grandmother E. Vera Allen, the writer gives life to the characteristics found in her grandmothers and a great-aunt.

These wise, caring women knew happiness, sorrow, anger, and betrayal.

Their lives span periods in African-American history when communities transitioned from Jim Crow-laden breeding dens to multicultural neighborhoods. These poems give voice to the lives of these remarkable women. [Order here.](#)

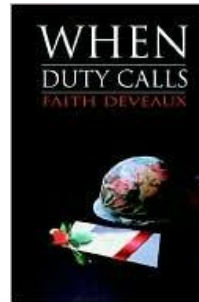


Poems

By E. Vera Allen

When Duty Calls

By Faith DeVeaux



What would it take for you to appreciate what you have in life? The near-death of the one you love? Anita Anderson, married for over thirty years, was becoming bored with her life. Then the unthinkable happened, her husband had a heart attack, then fell into a coma. Her estranged children come home, and she decides to reunite her family once and for all. Anita brings out her beloved letters that she saved from when her husband fought in Vietnam. After rediscovering her buried passion for life, she decides to share them with as many people as possible. [Order your copy here.](#)

The Wonderful Miscellany of WIFV Members!

Insanimals

By Chris Sciannella



INSANIMALS® is a new line of crazy, slightly insane animal characters. We have a line of collectible toys for kids of all ages! "Quirky", "fun", "out of the ordinary", "really crazy"... that's how moms and kids describe these loveable characters! Plush toys, story books, puzzles, t-shirts, coloring and activity books are all available. Kids can interact and play games with their favorite characters on Facebook and our INSANIMALS® website. New animals will be arriving at the INSANIMALS® on a regular basis. LET YOUR CRAZY OUT!!!® [Our website is here.](#)

Neal's Yard Remedies

By Randi Cohen Coblenz

The Holiday Time is a Magical Time, and **NYR Organic Health and Skin Care** can help you Celebrate in Style. Britain's NYR Organic believes that nature provides everything we need to enjoy greater health, beauty, and well-being. Why not *Go Organic* with your holiday gifts this year? We have some great ideas and options for all your friends and family... I am happy to be your personal shopper for the special people in your life and **you can order on my website** and have everything shipped directly to you. Help yourself *and* the planet at the same time.



The Monthly Voiceover Workout!!!

By Melissa Leebaert



Have you ever wondered who that is narrating your favorite Discovery Documentary? Who's that voice on the Tide Commercial or your favorite Audio book? It's a voice over actor and it's a very specific area of the acting world.

Come explore that world to see if you've got what it takes in a fun and safe environment at The Monthly VO Workout. Each participant is given a script then guided through the process of delivery with plenty of tips and adjustments to make your performance its best. With a maximum of 8 students you not only learn from your performance, but also from watching and listening to others. 6:30-8:30 in Bethesda. \$75

FULL DAY WORKSHOPS and ONE ON ONE Coaching also available. [Register here.](#)

Better Said Than Done Storytelling Workshops Begin January 6

By Jessica Piscitelli Robinson

Want to give yourself, or your more interesting friends or family members and awesome gift for the end of the year? How about signing them up for a storytelling workshop with Better Said Than Done? Here's what we got in 2016!

Take the Stage: Storytelling to Perform \$199

Three class sessions, over three weeks, to help you develop secondary characters, dialogue, non-linear structure, enhanced performance skills, and stories of varying lengths to be performed on stage. Students are encouraged to pick an upcoming show to prepare for during this three week workshop. We have workshops starting on January 6th, and January 26th, in Reston, VA. For more details and to register for upcoming workshops [click here.](#)

Spotlight on You: Telling the story of your life \$75

A half-day workshop for storytellers of all levels. Students should come with an idea for a story and will leave with a story ready to tell. We have 2016 workshops on: January 9th - in Reston; January 23rd - in Arlington; and February 6th - in Reston. For more details and to register for upcoming workshops [click here.](#) We will make every attempt to accommodate switching workshop dates if that special someone can't attend the workshop you register them for.

Better Said Than Done defines storytelling as the art of performing a true, personal story in front of a live audience. Our stories are personal. Each storyteller writes about his or her own experiences. They are true, though, like every good story, they sometimes come with enhanced details. And they are a story, meaning they have a beginning, middle, and end. Better Said Than Done, Inc., was launched in May 2011, by Jessica Piscitelli Robinson, to bring the art of storytelling to Northern Virginia. [Click here](#) for more information on upcoming shows, performers, or workshops.



About WIFV

WIFV supports women in the industry by promoting equal opportunities, encouraging professional development, serving as an information network, and educating the public about women's creative and technical achievements.

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