

## WIFV Members in the News - May 2022

Frances Hardin, Jacqueline Fuller, Dylan Comstock, Olha Onyshko, sheri ratick stroud, Connie St. John, Mira Kelly, Tonya Fitzpatrick, Danielle Davy, Sofia Sandoval Ferris, Ramata Eller, Alan J. Field, Donna Deter, Anne Saul, Laura Kroeger, Kodi Gates, Deryl Davis, John Aaron, Sharon Sobel



### Hardin at CNN Washington Celebration

Current and former members of CNN's Washington bureau held a reunion party on Saturday night at the National Press Club. The event was originally scheduled to coincide with CNN's 40th anniversary in 2020, but had to be postponed three times due to the pandemic. SPOTTED: emcees Katie Couric and Jim Miklaszewski, Elissa Free, Christine Evans, Jeff Martino, Kevin Bohn, Sam Feist, Frank Sesno (who read a letter written by CNN founder Ted Turner), Kathryn Kross, Charles Bierbauer, Ralph Begleiter, Kelli Arena, David Ensor, Kandie Stroud, **Frances Hardin** and Kathleen Koch."

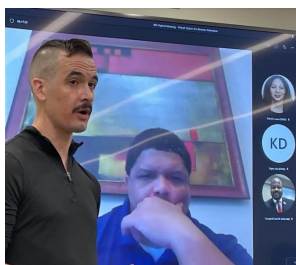
### Fuller Chosen for SPJ Leaders Academy

**Jacqueline Fuller**, from Alexandria, Virginia, is the executive producer and host of **Interfaith Connections**, an online YouTube program dealing with multi-faith issues in the Washington, DC, area. She is also a freelance writer for the *Washington Informer* newspaper covering religion in the African American community.



"The group that is coming this year has a variety of different backgrounds in journalism and life that are very helpful," said Matt Morris, SPJ director of development and FLA selection committee member. "There's such a wealth of experience and knowledge that's found within the group."

The **Society of Professional Journalists** is hosting a live academy experience for upcoming leaders to learn about the history, programs and operations of the Society. The **Future Leaders Academy** offers training through interactive, worthwhile and practical leadership development experiences with a goal of building confidence, connections and capacity.



### Comstock Presents

WIFV Treasurer and founder-chair of the mentorship program, **Dylan Graves Comstock**, had the honor of being asked to present his accumulated knowledge and experience as a survivor-turned-video-advocate to the EPA-DOJ Victim Assistance team for the 2022 National Crime Victims Rights Week. Dylan, who specializes in trauma-informed media production, was recognized as a filmmaker-survivor and nationally-credentialed victim advocate for his dynamic understanding of best practices in serving survivors after having produced over 70 videos on the topic. You can learn more about his work at [HoladayGraves.com](https://HoladayGraves.com).

### Onyshko Back from Ukraine Border

7News did a news story about **Olha Onyshko** and her most recent trip to Poland where she accompanied clinicians to the Poland-Ukraine border **to train therapists there in specific PTSD techniques**. They're with EMDR Humanitarian Assistance Programs. Now, she's back from a week-long visit to the Ukraine-Poland border, and is sharing some of the things she saw and experienced during her travels. "I ran into some unbelievable

stories. Spontaneous stories. Stories of kindness," Onyshko said. "Of how common Polish people are helping Ukrainians and how far they're willing to go." [You can watch the recent coverage here.](#)

[Onyshko also received coverage from WUSA9 and you can watch it here.](#)

Onyshko wanted to encourage donations to Robert, the owner of the Hotel that holds 153 refugees. "He refuses to receive donations! He says others need them more!" Instead she encourages the film community to make films there. "The surrounding areas are spectacular and stay in the Hotel Nad Przelomem in Sromowce Nizne, Poland!!"



## Team WIFV Finishes in 48!



sheri ratick stroud was at the kick-off event! Results: Dark comedy; bowl for a prop; Chelsea or Chad Terry for character; "And, you can quote me on that."

AUNT MILDRED'S HOUSE will screen at AFI Silver on May 26 at 7:00 pm. [Get tickets via the AFI Silver website](#)

Team WIFV front row: Mira Kelly, Connie St. John, Tonya Fitzpatrick, sheri ratick stroud. Second row: Danielle Davy, Sofia Sandoval Ferriss, Ramata Eller, Alan J. Field, Donna Deter. Going up stairs: Anne Saul, Laura Kroeger, Kodi Gates, Deryl Davis. Not pictured: Sara Barger.

## Review of Personal Finance Q&A Session

WIFV had the pleasure of hosting a Q&A session for WIFV members in April, and presenters **John Aaron**, CPA, **Jackie Hopkins** and **Dave Hedrick** of Lincoln Financial discussed "The Rules of Money", "The Cans", "The Can'ts" and "The Do's" and "The Don'ts" around personal finance.

The conversation started with a clever video that used a restaurant dining setting and menu to frame the financial choices that individuals need to make along their life journey. [Watch it here.](#)

Priorities change as we age. When we are young, our priorities should be budgeting, insurance, and emergency funds. Good budgeting guidelines: 50% towards needs; 20% to savings and 30% to wants. In our 30s, we should be getting out of debt- paying student loans, managing credit card debt. In our 40s and 50s, as we are further in our careers, the priorities are retirement, our children's college costs, and other goals and dreams. And finally, estate planning. It is important to keep in mind that although priorities shift throughout one's life, that does not mean that you should wait until you get to a certain age to move forward in your financial plans. It is never too early! If you take advantage of compounding interest and save \$6.67 per day starting at age 25, you will have nearly \$1 million at retirement!

Before you get to retirement, you've got to have something to retire FROM. If you are self-employed, you are responsible for paying quarterly estimated taxes. You CAN be self-employed while also having w-2 income. It's suggested that you have a separate checking account for self-employment/business income...it will be much easier come tax time! You move a "draw" from this account to your personal account as your "income".

Speaking of retirement, how do you get there? Roth IRAs, SEP IRAs- look at your options - not just from how much money they can make for you, but also what tax implications exist on withdrawals, before/after retirement.

Beyond retirement, estate planning is not just about who gets what. This also includes designating Power of Attorney and filing your Advance Directives. This is also the time to consider Long Term Care insurance, which is less expensive the younger you are when you buy it. After retirement, women live an average of 20 years more, and men live an average of 17.1 years more. Reverse mortgages may also be a consideration for homeowners- this is a complicated process, but can be a means to finance senior living

care. A licensed fiduciary can look at your assets and how they can work to your advantage. There was also discussion around the accessibility and security of online vs hard copies of documents, passwords, etc. so that your wishes can be met and your affairs put in order.

If you have questions about your own personal finances, certified fiduciaries Dave and Jackie are happy to answer them at [financestages@gmail.com](mailto:financestages@gmail.com). If you are looking for an accountant well-versed in the production industry, reach out to John Aaron at [john@medialedger.biz](mailto:john@medialedger.biz). Thanks to **Sharon Sobel** for providing this summary!

## Thanks to the WIFV Sponsors



MEDIA CENTRAL



### News Deadline

The deadline to submit your information for the monthly Members in the News e-publication is the 10th of the month. Send your article (100 words or so) and a jpg-format photograph or link to your video project to [director@wifv.org](mailto:director@wifv.org).



### About WIFV

Women in Film & Video (WIFV) provides educational and networking opportunities for screen-based media makers, celebrates women's creative and technical achievements in media, and advocates for parity both in front of and behind the camera to ensure that all voices can be heard.

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